

Building Bridges  
for Better  
Communication

*TSHA will be  
closed November  
23-24.*

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TSHA's Office Hours

Monday  
8:00 am - 7:00 pm

Tuesday- Thursday  
8:00 am - 5:00 pm

Closed Friday,  
Saturday & Sunday

Volume 17  
Issue 10



## Christmas is In the Air!

Don't miss the chance to feel the holiday spirit in the air on Saturday, **December 3!**

The entire community will come together for **TSHA's annual Children's Holiday Party**. It will be held at Boston Avenue Methodist Church (tentative) at 13<sup>th</sup> and Boston from 2:00 – 4:00.

Whether as a child, a parent, a deaf community member, or a volunteer, come enjoy our **FREE holiday carnival, with games, crafts, cookies and juice, prizes, and a bag full of goodies for every child!!**

While the party is geared for deaf and hard of hearing kids (under age 13) and their families, speech-impaired, siblings, and children of deaf adults are also warmly invited.

This is a special time for those who might otherwise get lost in the hustle and bustle of the holidays. Our Santa Claus is deaf and signs, and Mrs. Claus will be there to interpret for those who use voice.

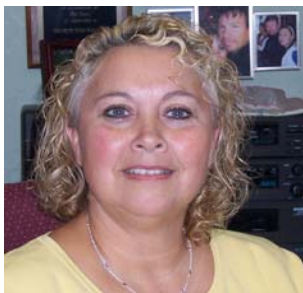
**Parents** – Your kids will NOT want to miss this! Be sure to mark your calendars now.

**Volunteers** – Come and lend a hand! This is one of the most fun things you will have an opportunity to do.

**Deaf adults** – We hope you'll come too! You'll enjoy eating cookies and visiting with friends while you watch the children have a great time. This is one of the few times some deaf children will see deaf adult role models. Join us.

For more information on how to be involved, contact Diana Higgins at 918-832-8742 or [dhiggins@tsha.cc](mailto:dhiggins@tsha.cc). Together, we'll make sure the spirit of Christmas IS in the air.





# A Time to be Thankful

From the Executive Director's Desk by R. René Ryan

# A

As we move into the holiday season and spend time with the ones we love, remember to take time to reflect upon what you are thankful for. For me, I am thankful for:

- ~ A place that allows me to do what I love, and work with a community that I love - **TSHA**.
- ~ A diverse group of individuals coming together for one purpose, strengthening TSHA and improving services for you – **TSHA Board**.
- ~ My “family” away from home who work diligently without a lot of praise or financial support and provide inspiration to me daily – **TSHA Staff**.
- ~ The one who supports me in doing what I am passionate about – **My husband**.
- ~ The ones willing to share me and who think my humor is odd – **Family**.
- ~ They allow us to bring more services in the door to better serve you – **Tenants**.
- ~ The ones who support TSHA through their dollars and gifts – **Donors**.
- ~ The ones who give me purpose and a reason to come to work every day – **You**.

This has been a difficult time for our country, state, city and for many of us. As the economy continues to be an issue without a resolution near at hand, the needs of the community become greater. If you have had **even one** good thing come your way, which I hope each of you have, I challenge you to reach out to another and do a good deed for them. Too often people sit back and complain while waiting for things to get better. How nice would it be if the bickering and blaming stopped and we each did something for someone else?

Pass the positive forward. With these difficult times continuing, we can all use a helping hand.

Feel free to email me ([rryan@tsha.cc](mailto:rryan@tsha.cc)) and let me know what you feel thankful for.

## Belk Charity Day Event

Belk has asked us once again to be a participant in their bi-annual charity day event. Here is your chance to buy your Christmas presents! There will be up to 70%-off sales storewide.

Tickets are only \$5. So buy a ticket at TSHA and come out to shop at the Owasso Belk Store on Saturday, Nov. 5th from 6 am – 10 am. Contact Kirsten at [kwilson@tsha.cc](mailto:kwilson@tsha.cc) for more information. Here are a few things people said after the spring's charity day event:

*“I bought several presents including a \$200 projector for less than \$50. I will go again.”*

*“There were so many good bargains that I bought extra things that I can donate for TSHA's Souper Sunday silent auction.”*

Since November is Thanksgiving and a time to be thankful, the staff at TSHA would like to share what they are thankful for. Find our “thankfulness” throughout this newsletter.

**Kirsten Wilson is thankful for:  
surviving her first year of marriage!**

# René Ryan

Executive Director

**N**ovember seems to be my turn to have the “spotlight” and it isn’t a comfortable position. With my job and my socializing, people may be surprised to know that I am a very private person. I can talk about TSHA for hours, but myself - not so much.

I began working at TSHA as an intern (BA in Counseling Services to the Deaf) on January 15, 1985. I am from a small town, so coming to Tulsa was terrifying - but this was the place to be if you wanted to work with deaf people. I have never regretted the decision to come to Tulsa or to TSHA.

After three years and four different positions, I received a full scholarship for a MA program (Human Resources/ Rehabilitation Counseling). I quit TSHA and convinced the college to allow me to double my course load so I could finish in one year. I had just been married for one year, and was only able to come home on the weekends. After receiving my Master’s, I returned to TSHA, and have been here ever since.



*René's family:  
son Travis, husband Jim,  
and daughter Kristen*

For this Staff Spotlight, we were told to write about ourselves, to let people get to know us better. Most of you see me in the work setting, but rarely do you see me with my family, which is a huge part of my life.

I met (my husband) Jim shortly after beginning work at TSHA. We quickly became friends and then began dating. In April, we will be celebrating 25 years of marriage. He is an amazing man and has been a tremendous support to me during my time with TSHA. Before our kids were born, he would attend all my events, even though he had little clue as to what was going on as I signed or chatted. (I often forgot to voice.) Later when Kristen was born (she just turned 21), and then Travis (he just turned 19), Jim would stay home to take care of them after working at Williams all day, while I traveled for work or worked late into the evening.

As our children have grown, I have tried to let them be themselves and choose their own activities. After all, *I* chose to work at TSHA, not them. But they have chosen to support me.

## SSI and Medicare part D

*By Lynn Null*

Sherri Stone with Employment Resources Inc presented the SSI & You: How Will Work Affect the Social Security Benefits” last September 29<sup>th</sup>. The information was well-received.

I want to invite you to come to TSHA on **November 9<sup>th</sup> at 1:30 pm** and learn more about Medicare Part D. Cindy Loftin with Life Senior Services will explain which Medicare Part D Plan is best for you. The open enrollment period is October 15<sup>th</sup> to December 7<sup>th</sup>, so this presentation will help you to decide which plan works best for you. Please RSVP at [lnull@tsha.cc](mailto:lnull@tsha.cc) or 918-894-5668 vp.

Linda Hawkins is thankful for: health and a job.

# Borderline Personality Disorder

BY DR. EMILY THOMAS

Borderline Personality Disorder (BPD) is a severe mental illness with symptoms like unstable mood, unstable behavior, and unstable relationships.

People with BPD often have difficulty regulating their emotions and thoughts. They may be “famous” for impulsive and reckless behavior. Their reactions to experiences are usually extreme, either attacking others or thinking they are being attacked.

They may be known as a bully, or someone with a history of many relationships. Usually they are known as a person with “stormy” relationships, changing from extreme closeness (idealization) to extreme anger (devaluation). They often also experience depression and anxiety.

Excessive or binge drinking and other substance abuse is a common struggle for those with BPD. Other unsafe behaviors may include self-harm, spending sprees, unsafe sex or sex with numerous partners, reckless driving, and binge eating.

They become used to so much drama in their lives that they may become bored without it, and so sometimes create drama to feel “normal” again. Their anger is often inappropriate, misdirected, and intense, and they usually have difficulty controlling their rages.

Despite the chaos of these symptoms, people with BPD are not “bad” people just because they have BPD. It is an illness.

Neuroimaging can show differences in brain structure and brain function. The BPD brain is “overactive” in emotional responses when it perceives an experience as negative or threatening. At the same time, the BPD brain is “underactive” in the area that helps



control emotions and aggressive impulses.

The BPD brain also has difficulty understanding the context of situations, causing those with BPD often to take things personally. The BPD brain is also less alert in areas related to reflexive actions, causing the person to act impulsively, on emotional cues, and to react harshly instead of reflecting before responding. These factors explain the extreme emotional responses a person with BPD experiences.

Borderline Personality Disorder is treated through long-term psychotherapy. The success of treatment depends on the level of participation and consistency of participation. However, because of the nature of the disorder, it is often difficult for those with BPD to participate consistently and well.

But as they participate, the person learns how to identify and change core beliefs and behaviors, and how to improve interactions with others. The person learns skills to control intense emotions, reduce self-destructive behaviors, and improve relationships. Consistent schedules of quality sleep, healthy meals, and regular exercise also help reduce aggressive interactions and behaviors.

To learn more about Borderline Personality Disorder, see here:

<http://www.nimh.nih.gov/health/topics/borderline-personality-disorder/index.shtml>

*(Editor's Note: Dr. Thomas is a deaf counselor who works with many deaf and hard-of-hearing individuals. She has graciously agreed to contribute an article to our newsletter each month in order to get important information out to more members of the community. To reach her, email her at [emilythomas1@cox.net](mailto:emilythomas1@cox.net).)*

*Diana Higgins is thankful for:  
family to love, good friends to share  
with, work I am passionate about, a  
life full of learning and good health  
that allows me to dance!*

## Plan Ahead

*TSHA will be closed on the following dates:*

**November 23 and 24**

**December 7, 22, and 26**

**January 2**

# Tulsa Hearing Helpers: "What Is INCOG?"

On **November 10**, **Regan McManus**, with INCOG Area Agency on Aging, will be discussing what the agency is and what they provide. She'll also discuss Medicare Part D open enrollment, as it is that time of the year again and it is a service they provide. You may well learn of a program that can benefit YOU.

*Our thanks to Glenna Cooper for an information-filled program on CapTel phones in October.*

**When:** The second Thursday of each month, from **10:00 – 11:30 a.m.** (back to our normal time)

**Where:** TSHA's conference room, 8740 E. 11<sup>th</sup> St.

**Accommodations:** We usually have captions. Assistive listening devices and interpreters are available upon request, and our room is now looped, for those with t-coils (and – we recently replaced all the light ballasts, so the signal should be clearer!)

*What is Tulsa Hearing Helpers?* It is a monthly gathering for people who have lost hearing later in life. All ages and amounts of hearing loss are welcome, along with friends and family members. Bring someone along!

**Upcoming Speakers:**

**December** – Happy Holidays – no meeting

**January 12** – **Jacque Scholl**, audiologist

**February 9** – **Cathy Reynolds**, TPD, on staying safe with hearing loss (tentative)

Call Kaye at 296-5559 or Diana at 832-8742 (v/tty) for more information.

Brenda Carpenter is thankful for: every opportunity I have to be with my family, every chance I get that I can do something for them, and every time I can be where they are near.

## Give a Stocking to a Child?



Santa Claus gives out stockings or bags chock-full of toys, trinkets, and snacks to the children at TSHA's annual Holiday Party (see p. 1). That is possible only because of the REAL Santas – the generous donors who contribute money or items each year.

If YOU would like to be a Santa for our kids, the cost of one full stocking is approximately \$10... If you give \$10, you'll have brightened one small child's holiday. If you can donate \$50, a large group of siblings will have a happier holiday because of you!

Just send your donation to: *TSHA, 8740 E. 11<sup>th</sup> St., Tulsa, OK 74112...* and put "Holiday Stockings" on the memo line. What a rewarding way to play "Santa Claus"!



## How Your Membership Supports TSHA, Inc.

By supporting TSHA you are helping to:

- ~ **Publish** and mail the monthly TSHA newsletter updating events and information of interest to Deaf and Hard of Hearing individuals and their families.
- ~ **Provide** an annual Holiday Party for Deaf and Hard of Hearing children and children of Deaf Adults. Children can enjoy signing with Santa, receiving a stocking filled with goodies and playing games with their friends.
- ~ **Provide** a summer camp for Deaf and Hard of Hearing children. The children have a chance to be with their friends during summer break while learning new things and enjoying fun activities.
- ~ **Provide** outreach to senior citizens through programs about hearing loss and deafness, on-site hearing screenings, and monthly Tulsa Hearing Helpers meetings.
- ~ **Fund** and maintain adaptive equipment that is provided to consumers through the Equipment Loan Program.
- ~ **Advocate** for Deaf people in a variety of situations.
- ~ **Present** workshops to area businesses and teachers.
- ~ **Provide** interpreters to bridge the communication gap between Deaf and Hearing individuals.
- ~ **Provide** a scholarship program to assist interpreters who want to become nationally certified interpreters. This certification can cost up to \$500.
- ~ **Provide** assistance for those on limited incomes needing a hearing aid through the Sertoma Hearing Aid Recycling Program (SHARP) or the Children's Hearing Aid Project (CHAP).
- ~ **Provide** sign language classes to the community.

## Membership Dues

Due to time constraints, membership renewal letters did not go out in September or October. TSHA's membership runs October 1st through September 31st. You can renew by filling out and mailing in the back page of this newsletter, or by calling our office and paying over the phone, or by paying online via our website ([www.tsha.cc](http://www.tsha.cc)). Click on the Donate button, and you can state that your payment is for membership.

Thank you. Your support makes a *real* difference, as you can see in the article above!

## Souper Sunday 2012 Tickets!

We have Souper Sunday tickets for sale. Contact any board member or Kirsten at [kwilson@tsha.cc](mailto:kwilson@tsha.cc) for more information.

These will make a great Christmas gift!

Adults: \$20  
Children ages 12 and under: \$10

Lynn Null is thankful for: each new day that God blesses us.

## Do a Little Christmas Shopping!



Our Signational Gift Shop has just **6 red holiday sweatshirts left**, with our own Brenda Carpenter's full-color original artwork of snowmen signing "Peace." Since we have limited size options, they are **on sale for just \$15**, instead of the original \$22.

We have the following sizes: M Youth (1), adult S (2), adult M (2), adult 3XL (1). The early bird will get the shirt!

We also have several dozen handmade, one-of-a-kind, **bead-and-wire rings** with varied colors of wire, beads and stones. **Just \$2** – the perfect stocking stuffer. We still have plenty of deaf awareness bracelets that would also make a great stocking stuffer for only **\$2**.

You can shop for these items and more any time TSHA is open.



## Becoming Friends with Your New Hearing Aids

© May 2004 by Neil Bauman, Ph.D. Reprinted with permission.

**Q**uestion: My audiologist did not adequately prepare me for the challenges I would face in adjusting to wearing my new hearing aids. What is the best way to adapt to wearing hearing aids?—V. O.

**A**nswer: Good question. Let's go right back to the beginning. Far too often, people have unrealistic expectations as they anticipate hearing again with their new hearing aids. For many people, the scenario goes something like this.

The big day arrives. You are excited. You should be. Today you are going to hear again! Today you will receive brand new hearing aids.

Your audiologist carefully fits and adjusts them to meet your special hearing needs. She tests you with them to be sure you hear as well as possible. You are thrilled to hear her voice so clearly with your new aids.

You proudly walk out of her office.

You are now on your own with your new "ears." You look forward to a hearing adventure.

You leave the building and step out into the street. Suddenly a horrible cacophony of sounds assaults your ears. You are shocked right out of your socks! You don't ever remember traffic being this noisy. You can't stand the awful racket.

Quickly you reach up and yank your hearing aids out of your ears and stuff them into your pocket—and your dream of hearing again is shattered.

### *Please Don't Dump Me in Your Drawer*

If this has been your experience, you are certainly not alone. Close to 1,000,000 hard of hearing people in the USA have done the same. In fact, one in every six to eight hearing aids sold today soon lie neglected and forgotten in dresser drawers.

To the above, add the enormous numbers of hard of hearing people who only drag their hearing aids

out for certain special occasions. The rest of the time their hearing aids also languish in pockets and purses or get dumped back into dresser drawers.

This is a tragedy. Hearing aids designed to live in people's ears too often are denied the opportunity to help their owners hear better. Why do people pay good money—up to \$3,000.00 for each hearing aid—and then not wear them? Even more to the point, what should people be doing so that they will become successful users of hearing aids? Here are some answers.

*(Editor's Note: Watch the December newsletter for some of those answers! This article will be continued.)*

<http://www.hearinglosshelp.com/articles/hearingaidfriends.htm> This basic article, in slightly different format, and titled *Becoming Friends With Your New Hearing Aids* was published in the May/June 2005 edition of *Hearing Loss* magazine, pp 21-25.



Jenna Griffith is thankful for: video phones, video chat capabilities and technology; making communication better, faster and easier for Deaf and hearing friends, families and the communities.

## The Last Silent Dinners Of 2011

Gather for the last Silent Dinners of 2011! This is an opportunity for deaf individuals, families and sign students to socialize, practice sign language and experience deaf culture. Woodland Hills Mall Food Court (71<sup>st</sup> & Memorial), 6:00ish to mall closing.

November- Tuesday 8<sup>th</sup>  
December- Thursday 1<sup>st</sup>

For more information, contact Kirsten or Diana at (918) 832-8742, or [kwilson@tsha.cc](mailto:kwilson@tsha.cc).

Everyone is welcome!! [www.tsha.cc](http://www.tsha.cc)

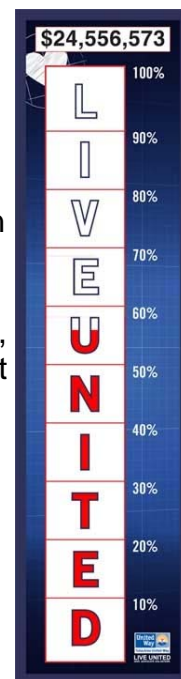
## United Way 2011 Campaign – Just Days Left

The Tulsa Area United Way volunteer Board of Directors approved a goal of \$24,556,573 for its 2011 fundraising campaign, which officially kicked off in early September with the Day of Caring. The campaign will wrap up at the “Unite!” celebration at the University of Tulsa Lorton Performance Center on November 10.

TSHA is one of the 61 agencies which are supported by United Way. As of October 18<sup>th</sup>, our campaign here at TSHA was at 98% of our goal, which was increased 10% from last year, despite having just 8 staff members. Go, TSHA!

Please give generously and help us reach the United Way campaign goal, in order to ensure quality services for our neighbors, our families, and ourselves.

*(Information and graphic were taken from the Tulsa Area United Way website on 10/18. The thermometer has doubtless gone up a lot since then!)*



### A Little Damp, But Finishing Strong!

*By Yamileth Canales*

As part of the agency’s in-house United Way campaign, TSHA - with the help of our loyal volunteers and board members - organized our annual parking lot sale on September 16<sup>th</sup> to benefit the Tulsa Area United Way.

This year Mother Nature decided to give Tulsa a much-needed rain the same day as our sale. It was a challenge and a cold rainy day. Though it was our biggest parking lot sale ever, we did not quite reach our biggest income ever, due to the weather.

BUT - we are grateful for everyone who came to help, who came to buy, and who came to support us no matter what Mother Nature had in mind. Regardless of the reduced traffic during our parking lot sale (and thanks to hundreds of people who bought blue Deaf Awareness bracelets), we raised almost \$3,925.00!

**Our goal for our TSHA United Way campaign this year is \$7,608.70.** Our parking lot sale and the bracelets sold, added to staff pledges, will hopefully help us to reach our internal goal as a Tulsa Area United Way Member Agency for 2012. We were at 98% when this article went to press!

*Yamilèth Canales is thankful for:  
people who believe in the power of  
prayer.*

## We Heard It Through the Grapevine...

Photos from: <http://itunes.apple.com/us/app/decibel-meter/id289219810?mt=8>



That there is a sound meter app for the smartphone. One family used it to check sound levels at their son's church (they have a rock band, etc.) and got sound levels of over 120 dB!!! (That is loud enough to cause physical pain. And of course, permanent damage to your ears. Let us know if you need a chart on dB levels.)

We thought you might want to know. The family also found a sound meter at a local store that agreed with the smartphone results.



Perhaps more of us can start checking the noise levels in our surroundings...we might want to start working nicely on getting people to "turn it down."

We work hard to protect our children. Let's make sure we're protecting their future hearing as well.

## A \$201,000 Phone Bill??!!

A story recently went out from the AP that a woman in Florida received a \$201,000 cell phone bill – and it was NOT a mistake.

The woman's two deaf brothers were on her plan, and they did not realize that international rates applied when they went to Canada for several weeks. They texted and downloaded videos as they always did.

This is the kind of information of which hearing, as well as deaf, people are often unaware. We wanted to

be sure to inform all of you to make arrangements with your phone company when traveling out of the country.

Luckily, the woman's phone company reduced the bill, but they'll still be paying for months. Let's hope we all can learn from their hard-earned lesson.

You can read the full story at <http://news.yahoo.com/fla-woman-shocked-200-000-cell-phone-bill-135239012.html>

## TSHA Hosts AbleTech

AbleTech partners from all over Oklahoma gathered at TSHA on September 26. TSHA's equipment lab is part of the AbleTech equipment demonstration and loan network in Oklahoma. The partners take turns gathering at participating organization's facilities, where we receive updates. This September, it was our turn to host.

You can learn more about AbleTech, the partners, and assistive technology for all disabilities at [abletech@okstate.edu](mailto:abletech@okstate.edu), or phone 800-257-1705 VTDD 405-744-9748 VTDD.

To see TSHA's device lab, make an appointment with Diana ([dhiggins@tsha.cc](mailto:dhiggins@tsha.cc)) or Brenda ([bcarpenter@tsha.cc](mailto:bcarpenter@tsha.cc)), email or call (918) 832-8742.



*Shelby Sanders, AT Specialist for ABLE Tech, presents Kathy Plummer of NewView Oklahoma with Partner of the Year, in TSHA's conference room.*

# Wednesday Lunch Bunch

By Charles Dye



Old or new friends, **Deaf seniors**, we would like to invite/encourage you to join our lunch bunch at First Lutheran Church every Wednesday, 8:00 a.m. to 1:00 p.m. or so. It is located at E. 13<sup>th</sup> and S. Utica Ave. We love to play Skip-Bo cards, dominoes and more. We enjoy communicating about "the old days," and sharing some stories and a lot of fun. We hope to see you there!

*(Editor's Note: There is a group of deaf senior citizens that joins the hearing group each Wednesday. They'd love to see more faces!)*

## Myths about Hearing Loss Sergei Kochkin, Ph.D. - Better Hearing Institute, Washington, DC

**I'll just have some minor surgery like my friend did, and then my hearing will be okay.**

Many people know someone whose hearing improved after medical or surgical treatment. It's true that some types of hearing loss can be successfully treated. With adults, unfortunately, this only applies to 5-10% of cases.

**I have one ear that's down a little, but the other one's okay.**

Everything is relative. Nearly all patients who believe that they have one "good" ear actually have two "bad" ears. When one ear is slightly better than the other, we learn to favor that ear for the telephone, group conversations, and so forth. It can give the illusion that "the better ear" is normal when it isn't. Most types of hearing loss affect both ears fairly equally, and about 90% of patients are in need of hearing aids for both ears.

**Hearing loss affects only "old people" and is merely a sign of aging.**

Only 35% of people with hearing loss are older than age 64. There are close to six million people in the U.S. between the ages of 18 and 44 with hearing loss, and more than one million are school age. Hearing loss affects all age groups. See the full article at [http://www.betterhearing.org/hearing\\_loss/myths\\_about\\_hearing\\_loss/index.cfm](http://www.betterhearing.org/hearing_loss/myths_about_hearing_loss/index.cfm).

**Hear Me Out**  
How I really feel wearing hearing aids

Hear Me Out is a group in which children with hearing loss connect with each other and share their experiences, frustrations, and questions. This group allows the kids to talk about their struggles and successes. It helps foster social interactions that help them make and maintain friendships. Utilizing games, activities, and counseling techniques, children develop coping strategies for depression, anger, and anxiety in order to help build their self-esteem. They also learn about their hearing loss and hearing aids so that they can be more independent and successful in their daily lives.

**Starts October 19**  
Every Wednesday from 4 – 5p for 6 weeks

**Tulsa Health Department | Room 147**  
315 S. Utica | Tulsa, Ok | 74104  
P 918 594 4843

Medicaid and sliding scale fees apply

First group: boys 8 – 12 years old

Leaders: Casey Newman, AuD., Pediatric Audiologist  
Melissa Newbrun, MEd., LPC candidate,  
Behavioral Health Specialist

Please call to schedule an intake appointment prior to the start of the group

## TSHA Membership Application

Please PRINT clearly

Support TSHA through your annual membership and/or a donation.  
Mail completed application to:

**TSHA, Inc. / Membership Application, 8740 E. 11th Street, Suite A Tulsa, OK 74112-7957**

Name: \_\_\_\_\_ Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ o TTY o V Work : \_\_\_\_\_ o TTY o V

VP: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_ *Newsletters are **emailed** unless otherwise specified.*

### Membership Category

(Please **choose one** and enclose payment)

- |                                       |           |
|---------------------------------------|-----------|
| <input type="checkbox"/> Friend       | \$25 +    |
| <input type="checkbox"/> Supporter    | \$50 +    |
| <input type="checkbox"/> Advocate     | \$100 +   |
| <input type="checkbox"/> Sponsor      | \$250 +   |
| <input type="checkbox"/> Benefactor   | \$500 +   |
| <input type="checkbox"/> Champion     | \$1,000 + |
| <input type="checkbox"/> Other: _____ |           |

Keep me updated on events/information on the following:

- |   |
|---|
| <input type="checkbox"/> Hard of Hearing                            |
| <input type="checkbox"/> Deaf                                       |
| <input type="checkbox"/> Cochlear Implants                          |
| <input type="checkbox"/> Equipment                                  |
| <input type="checkbox"/> Professionals in the field of Hearing Loss |
| <input type="checkbox"/> Children                                   |
| <input type="checkbox"/> Sign Language                              |
| <input type="checkbox"/> Oral Communication                         |

Your Friend membership would provide a stocking full of holiday treats to more than two children with hearing loss.

## Contributions & Memberships

### Contributions:

The Williams Companies

### Memberships:

Addie Mae Smith  
Phyllis Scott  
Jerry Echo-Hawk

### In Memory of Emily Thomas' father:

Jo Tillery

### In Honor of James and Virginia

### Allen's 51st wedding anniversary:

René Ryan

### Contributions for Souper Sunday 2012:

Wanda and Len Hull

Did you know you can make donations and renew your membership online at our website? Visit [www.tsha.cc](http://www.tsha.cc) to find out more!

*Each and every person listed here helps TSHA serve our community. Thank you!*





**Total Source for  
Hearing-loss and Access**

8740 E. 11th Street Ste. A

Tulsa, OK 74112-7957

Phone: 918-832-8742 v/tty

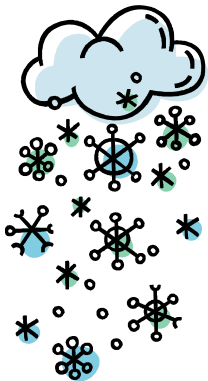
Fax: 918-834-4329

Interpreter Services: 1-888-311-3523

Website: www.tsha.cc

# NOVEMBER 2011

## Inclement (Bad) Weather Policy:



If TPS (Tulsa Public Schools) is closed due to inclement weather, TSHA will typically open at 10 am.

However, sometimes we cannot get here at all, so if you have an appointment or plan to come in, take a moment to call first (918-832-8742 v/tty) and make sure the office is open.



<http://tsha.cc/blog/>



<http://www.facebook.com/people/Tsha-Tulsa/1812573970>

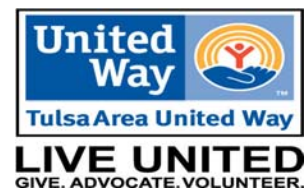


<http://twitter.com/tshainc>



Scan with smart phone for more information.

**Mission:**  
*Bridging gaps to  
improve the  
quality of life of those  
affected by hearing  
loss.*



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