

Building Bridges  
for Better  
Communication

Silent Dinner:  
April 9  
May 6

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TSHA's Office Hours

Monday  
8:00 am - 7:00 pm

Tuesday- Thursday  
8:00 am - 5:00 pm

Closed Friday,  
Saturday & Sunday

Volume 19  
Issue 1

Deaf Community Spotlight on... *Minerva Allard*

## "Learning Never Ends"

By Diana Higgins, based on an interview with Minerva

"Minerva" means "goddess of wisdom." It seems that all of Minerva's life has been about learning and gathering experiences that add to wisdom.

She started her life in South Korea as "Misook Choe" – a name which means "beautiful, clear, high." So when she was choosing an American name and ran across "Minerva" in a book, it struck her as a good match.

Minerva spent her first 16 years in Korea, where she got sick in her pre-teen years. Though her family was middle class, there was no money for a hospital. By the time she had recovered from the illness, she had also lost some hearing. The family had no knowledge of deaf education, and Minerva's hearing was still fairly good at that time, so she attended hearing schools. She studied English in junior high, and also used the language with her sister's American husband.

When she was 16, her whole family moved to Guam, following that sister and her American husband. It was there that she first learned some American Sign Language.



*Minerva volunteering with our tax preparation program.*

Minerva was the first to set her sights on moving to mainland America, as she was accepted at Gallaudet University in Washington, D.C. – the only liberal arts college for the deaf in the U.S. She was the first in her family to earn a college degree (double major in Psychology/Philosophy & Religion), as she pursued wisdom, true to her name. The rest of her family ended up settling in America too, but along the west coast.

While in college, Minerva became a U.S. citizen – another step in her journey. She also worked all through college. Her family instilled in her a strong work ethic. In fact, after she moved to Texas, she worked full-time for the IRS while she attended a bible college full-time. Her search for learning and wisdom continued.

*Continued on page 2*

## SOUPER SUNDAY!

Check out our Facebook page for some amazing pictures of Souper Sunday taken by Jim Campbell! <http://www.facebook.com/TSHAInc> See page 4 for more.

Through the bible college, she somehow met and connected with the people in Tulsa who were dreaming of opening Happy Hands – a Christian early childhood education center for deaf kids. That's what brought her to Tulsa – the next step on her journey.

She got a job at the (then) Radisson Hotel near the airport, and was quickly promoted to accounting manager. She transferred to the Hilton Garden Inn across the street when it opened, and worked as the accounting manager a total of 17 years. She used TSHA's Interpreter Services regularly to provide communication access for meetings.

Life wasn't all about work, however. A hotel co-worker introduced her to Trevor, whom she married in 1998. They now have two beautiful children, ages 11 and 7.

In 2010, seeking new learning and experiences, she joined the Bank of Oklahoma. Since she works the night shift, she is finally able to volunteer more with TSHA and the deaf community, which has long been a desire of hers.

She occasionally pops in at TSHA in the morning (after she's worked all night) and offers to volunteer

a few hours. She's done everything from organizing the aftermath of our annual rummage sale, to entering pages of information into our database so we can educate audiologists about our Children's Hearing Aid Project.

Now, she's a vital part of a brand-new effort at TSHA: providing tax assistance through the VITA program (see article on page 3). She is one of the trained tax preparers that meets with clients.

*"Don't be afraid to try."*

That fits with her life's goals. She wants to leave a positive impression, and wants to give back to the deaf community.

When asked what message she would like to share with that community,

Minerva replied, "Don't be afraid to try. If you have questions, just ask." She feels it's important to approach the hearing and hard-of-hearing communities with politeness and the right attitude, giving them time to learn and adjust to deaf culture. That seems to fit with the values of the Korean culture in which she was raised.

It also fits in with her lifelong desire for wisdom. It's clear that Minerva believes learning never ends. It seems we would all be wise to follow her example.

## Interpreter Ethics Roundtable

*By Brenda Carpenter*

Almost daily interpreters encounter situations that leave us wondering if we handled it the best way it could have been handled. Did something happen on an assignment for which you did not have a good resolution? Did you observe something that has tickled the back of your mind for awhile, and now you'd like to talk about it? This will be the time and place! If nothing else, let's meet and have a nice, relaxing chat.

Bring a lunch (or don't) and join us for informal discussion on any topic. This is just a way for us all to stay in touch!

TSHA staff will be moderating the discussion, but questions and discussion topics will be brought by the interpreters.

These roundtable discussions will be held the **last Wednesday of each month, 11:30-1:00** in the TSHA conference room. The next Interpreter Roundtable will be **April 24** and again on **May 29**. We hope to see you there!

All discussions will strictly adhere to the RID and QAST Code of Professional Conduct protecting confidential information.

## Soak Up the Sign This Summer?

If someone you know is interested in learning sign language, be sure to contact us NOW to get them on the list to receive our enrollment form for summer sign classes. TSHA's non-credit evening classes are the most fun introduction to sign language that you can find.

And remember – **Children's Sign Classes** for kids post-kindergarten through age 12 are generally **only offered in the summer**...and this year we'll have TWO options! One at LaFortune Park Rec Center, and one through Jenks Continuing Ed. Contact [kwilson@tsha.cc](mailto:kwilson@tsha.cc) or (918) 832-8742.

## **Tulsa Hearing Helpers**

### **"Juggling a Multi-cultural, Multi-lingual Life"**

**April 11 - Minerva Allard**, hard of hearing/deaf adult (see page 1), will speak to us about "*Juggling a Multi-cultural, Multi-lingual Life*". She will share her own story, as someone who was born in Korea, then moved to Guam and on to the U.S. Come hear about her challenges and accomplishments, as she adapted to new languages and new cultures, despite a severe hearing loss. This is a reschedule from March.

**When:** The second Thursday of each month, **from 10:00 – 11:30 a.m.**

**Where:** TSHA's conference room, 8740 E. 11<sup>th</sup> St.

**Accommodations:** We usually have captions. Assistive listening devices and interpreters are available upon request, and our room is now looped, for those with t-coils.

*What is Tulsa Hearing Helpers?* It is a monthly gathering for people who have lost hearing later in life. All ages and amounts of hearing loss are welcome, along with friends and family members. Bring someone along!

### **Tax Assistance at TSHA... MAKE AN APPOINTMENT NOW!**

*By Lynn Null*

We are coming along nicely with our new VITA tax assistance program. It is good for the deaf community to have a place to go where they do not need to ask for interpreters or write papers back and forth, because everything is communicated in ASL.

The tax preparations are confidential, and safely stored directly to the IRS. We do not keep any of your information. You get a copy of papers that are filed, and that is it. We do not keep copies for file.

Any questions? Please feel free to ask. For more information about what documents you need to bring with you to your appointment, please check [www.tsha.cc](http://www.tsha.cc). Contact [lnull@tsha.cc](mailto:lnull@tsha.cc) to schedule tax preparation by April 15.

### Have a great idea for summer camp?

*Calling all creative minds!* It's time for us to ask your help in coming up with cool theme ideas for our deaf/hard of hearing kids' one-week summer day camp (July 15-19).

We've done math themes, science themes, animals, transportation, news, Olympics, etc. over the years. (Of course, with much more clever titles, like "Mathemagicians", "In the News", etc.)

What great ideas for themes, speakers, activities and field trips do you have for kids ages 7 - 13? Contact [dhiggins@tsha.cc](mailto:dhiggins@tsha.cc) or (918) 832-8742, or comment on our blog or Facebook postings.

### **People with Disabilities Awareness Day**

People with Disabilities Awareness Day at the State Capitol gives people with disabilities and advocates like you a chance to talk with decision makers who can preserve or expand services that make a critical difference in the lives of Oklahomans with disabilities.

Last year, 600 people participated in this free event, which is hosted by the Oklahoma Department of Rehabilitation Services and friends.

**Wednesday, April 3, 2013**  
**State Capitol,**  
**2300 N. Lincoln, OKC**  
**Noon to 4:30 p.m.**

Please help DRS plan for PWDAD by registering online at [www.okdrs.gov/pwdad/2013](http://www.okdrs.gov/pwdad/2013). They will look up your state senators and representatives and have that information for you when you check in on the first floor of the State Capitol on PWDAD. You can also call 405-951-3478 or 800-845-8476. *Be seen, wear green!*

# Souper Sunday 2013

## TSHA's Safari was "Souper" Successful!

On Sunday, March 3, 2013, hundreds of safari-goers brought their (imaginary) pith helmets to the SpiritBank Event Center, and joined our "Souper Safari" themed Souper Sunday fundraising adventure.

Everyone seemed to enjoy foraging for their supper from the jungle of delectable soups, breads and desserts...as well as going walkabout through the hundreds of amazing silent auction items. Dozens of "hunters" bagged a prize trophy to take home!

All this fun had a very serious purpose.

It's difficult to have a successful safari without financial support, and just as difficult to have a successful agency. TSHA depends on grants, contracts, etc. - but mainly on private donations to

keep services going. Your support of Souper Sunday helped to ensure that people with hearing loss won't have to depend on drums and smoke signals to communicate any more, but will be able to count on TSHA being here to give the latest information and assistance on access.

**This year's event brought in over \$34,000**-down just a bit from last year. However, our expenses were also down.

*Asante!* Or THANK YOU to all who joined our safari to help make a difference in the lives of people who are deaf or hard-of-hearing. Don't forget to go by your favorite new restaurant and tell them "thank you" for supporting the deaf and hard of hearing community!



## Volunteers

You are the heart and soul of this event...a sincere "thank you" to all the individual volunteers, as well as those who are included in one of the groups below. *\*\*Note: Because we had over 150 volunteers, there is not enough room to list every name.* Girl Scouts, Quota Clubs, RSVP, SACS, TCC Interpreter Students, TSHA Staff and Board

## Restaurants

### Abuelo's

10909 E. 71st, Tulsa

### Boulder Grill

17 W. 7th, Tulsa

### Charleston's Restaurant

6839 S. Yale, Tulsa

### Cheddar's Casual Café

10708 E. 71st, Tulsa

### Chef Matt Louviere

12404 E. 76th, Owasso

### Compadres

7104 S. Sheridan, Tulsa

### Elephant Run

3141 E. Skelly, Tulsa

### Full Moon Café

1524 E. 15th, Tulsa

### Hale H.S. Culinary Arts Program

6960 E 21st, Tulsa

### India Palace

6963 S. Lewis, Tulsa

### Jimmy's Egg

4900 W. Kenosha, Broken Arrow

### Juniper

324 E. 3rd, Tulsa

### Katie Gilbertson

Tulsa

### Los Cabos

151 E. Bass Pro, Broken Arrow

### Waterfront Grill

120 Aquarium Dr., Jenks

### McAlister's Deli

8955 S. Memorial, Tulsa

### Mexicali

14 W. Brady, Tulsa

### Mimi's Café

8215 E. 71st, Tulsa

### Mi Tierra

6703-D E.  
81st, Tulsa

### Panera Bread

1624 E.  
15th, Tulsa

### Whole Foods

1401 E.  
41st, Tulsa



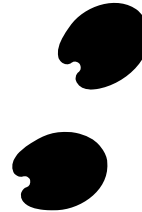
## Agency Sponsor

The Mary K. Chapman Foundation  
George Kaiser Family Foundation



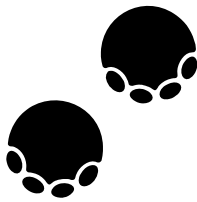
## Expedition Leader

Energy Specialty Contracting Inc.



## Game Warden

Ron & Myra Jeffris



## Wildlife Expert

Audiology of Tulsa  
Brier Law Firm PLLC  
Cimarron Technology, Inc.  
Helmerich & Payne Inc



## Tracker

Court & Rosalyn Newkirk  
Dr. David White, MD, Eastern Oklahoma Ear Nose & Throat  
Scholl Center for Communication Disorders

## Scout

George Hazlett, Agent State Farm  
Margaret P. Holdridge  
J & D Inspection, Jim & Denelda Richardson  
Morse & Co., PLLC  
R W Holland, Inc.  
Rhodes, Hieronymus, Jones, Tucker & Gable, PLLC  
Jim & René Ryan  
Tulsa Drillers  
Tulsa Senior Citizens for the Deaf, Inc.  
Dr. Dean & Vesta VanTrease  
The Zarrow Families Foundation



10GYM  
 AAA  
 Adams, Lisa  
 Advance Auto Parts  
 Allstar Ballroom Dance Company  
 Alyssa McElyea and Girl Scout  
     Troop #903  
 Anchor Paint  
 Andy B's  
 Angles Hair Salon  
 Anspach, Donna  
 Arby's  
 Audiology of Tulsa  
 Avant Hair  
 Bailey, Betty  
 Ballroom Revolution  
 Baxter's Interurban Grill  
 Berkshire Dental Group  
 Berkshire Salon Day Spa  
 Big Splash Water Park  
 Boomerang Diner  
 BounceU  
 Boutwell, Marcia  
 Breitenbach, Jeanine  
 Bricktown Water Taxi  
 Broken Arrow Lanes  
 Campbell, Jim  
 Canales Family  
 Carino's Italian  
 Carpenter Family  
 Catoosa Port Liquor  
 Cheesecake Factory  
 CrossStream Fitness  
 Delta Café  
 Dickerson, Brooksie  
 Direct TV  
 Dotts, Betty  
 Eastern Oklahoma ENT  
 Ella Reu Designs  
 Farmers Feed and Seed  
 Farrell's Family Bread  
 Feline Specialties  
     Veterinary Hospital  
 Fellowship Congressional Church  
 Forbes, Ginny  
 Fox Lane LLC  
 Generation Flowers and Gifts  
 Gilcrease Museum  
 Grand Country Music Show

Greater Tulsa Reporter Newspapers  
 Greer, Kay  
 Hal Smith Restaurant Group  
 Hampton Inn Broken Arrow  
 Hard Rock Hotel and Casino  
 Harrell Eye Care  
 Hill, Billie  
 Hill, Rose Mary  
 Hoofprint Pottery  
 Hoyt, Jennifer  
 Hughes, Kaye  
 Hurt, Larry & Lana  
 Hyatt Regency Tulsa  
 Java Dave's  
 Jim Norton Toyota  
 Jones, Kathie  
 Jones, Laura  
 Just Dance! Swing Club  
 Laughlin, K.T.  
 Lawn America

OSU ASL Club  
 Our Favorite Place  
 P.F. Chang's  
 Papa Rodger  
 Philbrook Museum of Art  
 Purple Glaze  
 QT  
 Rasure, Linda  
 Reynolds, Susan  
 Rib Crib  
 Richardson, Sid & Ada  
 Ryan Family  
 Sabourin Family  
 Schow, Yvonne  
 Science Museum Oklahoma  
 Seals, Judy  
 Shepherd of the Hills  
 Shiloh's Restaurant  
 Singo, Belinda  
 Smietanski, Ed  
 Smith, Bill and Donna  
 Smith, Isabel  
 Southern Agriculture  
 Summerside Vineyards  
 TCC ASL Club  
 The Avon Store  
 The Sherwin Miller Museum of  
     Jewish Art  
 The Track Family Fun Parks  
 TSHA Staff and Board  
 Tulsa Air & Space Museum  
 Tulsa DRS  
 Tulsa Glassblowing  
 Tulsa Oilers  
 Tulsa Shock  
 Tulsa Spotlight Theater  
 Tulsa Zoo  
 Turpentine Creek Wildlife Refuge  
 Veterans Memorial Museum  
 Vixen Studio  
 VROOME Orthodontics  
 Walt Disney World  
 Warehouse Market  
 Whispering Vines  
 Yoak, PJ  
 York, Terri  
 Zilm, Mary



Lawns By Nature  
 LOOK Musical Theatre  
 Maddin, Nancy  
 Martha's Health Food  
 Martin, Pam  
 Maltby, Phil  
 Mazzio's  
 McAllister Family  
 McNellie's  
 MeadowBrook Country Club  
 Myriad Botanical Gardens  
 National Cowboy and Western  
     Heritage Museum  
 OKC National Memorial  
 Oklahoma Aquarium  
 Oklahoma Hands & Voices  
 Oklahoma Museum of Art



## Others

*A Special Thank You* to the following individuals and organizations for making our event possible:

- Sam Anthony
- Bixby Police & Reserves
- Leslie Brier
- Dana Dobson
- Everything Elyse
- Allison Griffith
- Steve Guard
- Party AllStars Mobile Music and Lights
- Donna Smith
- Women in Recovery
- Ryan Zilm



## Breads and Desserts

- Ann's Bakery**  
7 North Harvard, Tulsa  
White Cake
- Blue Bell Creameries**  
8201 E. Hwy 51, Broken Arrow  
Ice Cream
- El Chico**  
4107 S. Yale, Tulsa  
Chips & Salsa
- Hiland Dairy Co.**  
16124 E. Marshall, Tulsa  
Butter
- Pancho Anaya Bakery**  
40 S. Garnett, Tulsa  
Mexican Pastries
- Pasteleria Mexicana**  
7942 E. 21<sup>st</sup> Tulsa  
Tres Leches Cake
- Queenies**  
1834 S. Utica Square, Tulsa  
Cookies
- Sodexo at ORU**  
7777 S. Lewis, Tulsa  
Carrot Cake
- Walmart**  
2301 W. Kenosha, Broken Arrow  
Bread
- Zoës Kitchen**  
3629 S Peoria, Tulsa  
Chocolate Cakes





Papa Rodger (assisted for a bit by Tremayne) spent a day disposing of the carpet that was dumped on TSHA's lot.



Bethany Horn & her son Easton present Diana Higgins with a check towards family services while Manuel Jones looks on.



The Language & Culture Bank meets monthly to ensure people of all languages & cultures are resilient & ready for any "disasters". TSHA's Diana Higgins is second from right.

# TSHA Winter Activities Photo Gallery

There has been a LOT happening at TSHA!!



KOTV's LeAnne Taylor and Chef Matt Louviere helped TSHA spread the word about Souper Sunday.



René Ryan chats with Cindy Morrison about social media. René and Diana Higgins recently attended a half-day workshop by Women in Communications.



Three SHARP (Sertoma Hearing Aid Recycling Program) Board members presented a medallion to the Sand Springs Club in recognition of their donation. SHARP is a collaborative program between Sertoma and TSHA.



Guess what is happening at Edison High School, in the Deaf Ed program? *Lots* of exciting things!

Our deaf/hard-of-hearing students are thrilled to tell you that they have some **wonderful field trips** planned in the future, similar to the trip to TSHA they made on January 30<sup>th</sup>. They toured the building, and learned about all the services TSHA and VR have to offer. They also learned important life skills, such as how to acquire and use an interpreter appropriately. They enjoyed pizza and taking home lots of “goodies.”

Another trip they have planned is one with their **Serteens organization to Happy Hands** in April to paint flower pots and plant flowers with the students there. This is a great opportunity for the young Deaf students to see their older peers as role models and mentors.

For **Deaf Awareness Week** last September, we had fun deaf facts every day of the week during the morning announcements, and made posters to put up around the school. We also made a display case in the hall portraying famous Deaf people and various artifacts of Deaf history.

What else is happening at Edison High School? Every Wednesday after school our Deaf students are getting together for a **peer tutoring** session. It is a super cool thing to see our students helping each other in every subject, from math to English to science. The students who are “teaching” are learning at the same time and everyone benefits!

Our Serteens group has done so much this year, from collecting canned goods for the needy, to **volunteering** at the TSHA Children's Holiday Party, to selling T-shirts, to volunteering at Kids' World and Souper Sunday.



One of our interpreters, Mr. Catlett, will be teaching a **sign class to hearing students** after school on Mondays, which is another exciting thing that is coming up at Edison. This is in addition to the ASL classes that we already have.

Ms. Campbell's Oklahoma History class will be taking a **Cherokee History field trip** this spring. We will be visiting the Cherokee Supreme Court Museum, the Cherokee Prison Museum, the Murrell Home (only surviving antebellum home in Oklahoma) and Tsa-La-Gi, the ancient Cherokee village.

We have some **outstanding student athletes** this year, such as Michael Austin, Jermaine Finnie, Jordan Kimble and Casey Rash.

Student Alex Gauger competed in the

**Shakespeare Festival** and several other Deaf Ed students worked behind the scenes as Theater Tech students.

We are always looking for speakers from the deaf community to come visit with us at Edison. We have had some wonderful speakers in the past. Deaf adults are so important as role models and can teach our young deaf students so much! If you would like to share with us or know of someone who would, please contact me.

There are many more exciting things to come at Edison!

**Janet Allen, Deaf Ed Teacher**  
**Edison High School**  
**918-746-8628**  
[allenja@tulsaschools.org](mailto:allenja@tulsaschools.org)

# SibShops Workshops Offered

*From the Autism Center of Tulsa Newsletter, January 22, 2013*

SibShops are opportunities for brothers and sisters of children with disabilities and special health care needs to obtain peer support and education within a recreational context. The workshops are lively and fun and held at Happy Hands Education Center from 1 p.m. – 4 p.m. Cost is \$6 and includes snack. For more information contact Lora Roberts at 918-227-1797 or [blondie4203@yahoo.com](mailto:blondie4203@yahoo.com).

*Ages 5-8 upcoming date: April 20*

*Ages 9-13 dates: call for information*

## Contributions & Memberships

### Contributions:

Elizabeth Giebel  
George Keiser Family Foundation  
The Mervin Bovaird Foundation  
Ruth K. Nelson  
Glenn & Judith Elliott  
Frank & Jo Ann Proctor  
Mrs. Barbara Sabourin  
Martin & Marilyn Brown  
Ron & Myra Jeffris  
Campbell-Lepley/Hunt Foundation Inc.  
Jim & Denelda Richardson  
Dr. Marilyn Sloan  
C.W. Titus Foundation  
Billy B. Strong  
Green Country Women



*Thanks to Belinda  
Singo and her  
daughter for planting  
these bulbs several  
years ago.*

### Souper Sunday Contributions:

Oklahoma Melting Pot  
Len & Wanda Hull  
James & Virginia Allen  
Michael & Leslie Rosencutter  
Gretchen M. Hoyt  
Charles Dye / Ephphatha Class  
"K" Caldwell  
Jack & Jinny Wynn  
David & Fredella Dowdy  
Kathleen Hoyt  
Valmont Industries  
Kerry R. Lewis

*Correction from December's Newsletter:  
In Memory of Jerrye Bordineer Ray should have been  
Jerrye Gordineer Ray.*

### In Honor of Leslie Brier Maltby:

Mrs. Gretchen M. Hoyt

### In Honor of Myra and Ron Jeffris:

Sally Seidel Posner

### CHAP Donation:

Allan & Nari Scholl

### In Memory of Ralph R. Roesler:

Jeanne M. Pease

### In Memory of Vonnetta Frye:

Mary Jo Johnson  
Kirby Hodges

### In Memory of Mrs. Lou Ellen Reed:

Mrs. Hazel A. Rodman  
Lu Holding  
Vicki & Berry Cernosek  
Carolyn & Ken Pierce & Family  
Christy Abercrombie  
Steven & Lisa Hall  
Mike & Cindy Wampler  
Susan E. Dye  
Wednesday Night Bunco Ladies

### In Memory of Pansy Sue Bradshaw:

Clara L. Brown  
Dawnelle R. Williams

### Memberships:

Mary Jo Bennett  
Ron & Myra Jeffris  
Harold Barnes  
Helen Troy  
Mary Jo Johnson  
Karen Harrell  
Donna Smith  
Howard Gordineer

## TSHA Membership Application

Please PRINT clearly

Support TSHA through your annual membership and/or a donation.  
Mail completed application to:

**TSHA, Inc. / Membership Application, 8740 E. 11th Street, Suite A Tulsa, OK 74112-7957**

Name: \_\_\_\_\_ Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ o TTY o V Work : \_\_\_\_\_ o TTY o V

VP: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_ *Newsletters are **emailed** unless otherwise specified.*

### Membership Category

(Please **choose one** and enclose payment)

- |                                       |           |
|---------------------------------------|-----------|
| <input type="checkbox"/> Friend       | \$25 +    |
| <input type="checkbox"/> Supporter    | \$50 +    |
| <input type="checkbox"/> Advocate     | \$100 +   |
| <input type="checkbox"/> Sponsor      | \$250 +   |
| <input type="checkbox"/> Benefactor   | \$500 +   |
| <input type="checkbox"/> Champion     | \$1,000 + |
| <input type="checkbox"/> Other: _____ |           |

Keep me updated on events/information on the following:

- |   |
|---|
| <input type="checkbox"/> Hard of Hearing                            |
| <input type="checkbox"/> Deaf                                       |
| <input type="checkbox"/> Cochlear Implants                          |
| <input type="checkbox"/> Equipment                                  |
| <input type="checkbox"/> Professionals in the field of Hearing Loss |
| <input type="checkbox"/> Children                                   |
| <input type="checkbox"/> Sign Language                              |
| <input type="checkbox"/> Oral Communication                         |

**National Volunteer Week is April 21 - 27. A huge thanks to all our volunteers at TSHA!  
We couldn't accomplish what we do without you.**

## A Counseling Resource

*(Editor's Note: We pass this information on for any who might be interested.)*

If you know of any individuals/students that are dealing with depression, anxiety, or any other mental health issues, I would be happy to see them for counseling. I can provide individual, group, or family therapy. I can meet with them in their home, at school, or in a neutral location. My goal is to provide services without it being a strain on the individual/student or their family.

I am also a certified sign language interpreter. So if you know of any individuals with hearing loss that can benefit from counseling please refer them as well. I look forward to working with our community.

Sandy Keese, LPC Candidate  
[skeese@questmhsa.com](mailto:skeese@questmhsa.com)  
918-344-9660



**LIVE UNITED**



Tulsa Area United Way  
Partner Agency

Stay informed!

Follow us at:

<http://tsha.cc/blog/>

<http://twitter.com/tshainc>

<http://www.facebook.com/TSHAInc>



**Total Source for  
Hearing-loss and Access**

8740 E. 11th Street Ste. A

Tulsa, OK 74112-7957

Phone: 918-832-8742 v/tty

Fax: 918-834-4329

Interpreter Services: 1-888-311-3523

Website: [www.tsha.cc](http://www.tsha.cc)

## JANUARY - APRIL 2013

### TSHA's Core Values

***Mission Statement:***

Bridging gaps to improve the quality of life of those affected by hearing loss.

***Vision Statement:***

At TSHA, our vision is to be recognized as the leader in enhancing the lives of those affected by hearing loss by providing unbiased information, increasing acceptance, and removing barriers in families, agencies, businesses and communities.

***Belief/Values:***

- ~ We believe in the value and worth of individuals and in respecting their choices for their lives.
- ~ We believe that given the right tools and information, everyone is able to reach the potential they see for themselves.
- ~ We believe in empowering individuals to make their own choices by providing information on all options in an unbiased manner.
- ~ We believe that by working together cooperatively with others, we can all achieve more for our consumers.
  - ~ We believe consumers have the right to dependable, meaningful, and high quality services.

*Due to staff time being diverted to Souper Sunday earlier this winter, we have combined the January-February and March-April issues.*